

Youth Ministry Sample Outlines for CAST and Ark 2023-2024

Sample #1 CAST Night 3:45pm-6:45pm (3 Hours)

3:45pm	Snacks / Find and check-in with Small group
4:00pm	Why do we do that in Mass? / Breakdown the Sunday Readings
4:15pm	Pass out Mass journals / Dismiss to Mass with Small Group
4:30pm	Youth Mass
5:30pm	Snack and bathroom Break
5:40pm	Small Group Breakout - Ice Breakers and Discuss Sunday Readings
6:05pm	Return to Auditorium – Large Group <i>Chosen</i> Lesson
6:25pm	Small group Lesson discussion
6:45pm	Close in prayer and dismiss from small group

Sample #2 CAST Night 3:45pm-6:45pm (3 Hours)

3:45pm	Snacks / Find and check-in with Small group
4:00pm	Why do we do that in Mass? / Breakdown the Sunday Readings
4:15pm	Pass out Mass journals / Dismiss to Mass with Small Group
4:30pm	Youth Mass
5:30pm	Community Night – Food and Fellowship
6:30pm	Large Group Gather for Sending
6:45pm	Pray and Dismiss

Sample #3 CAST Night 3:45pm-6:45pm (3 Hours)

3:45pm	Snacks / Find and check-in with Small group
4:00pm	Why do we do that in Mass? / Breakdown the Sunday Readings
4:15pm	Pass out Mass journals / Dismiss to Mass with Small Group
4:30pm	Youth Mass
5:30pm	Snack and Bathroom Break
5:40pm	Small Group – Discuss Sunday Readings / Plan a Work of Mercy Together (Where, when, how, why, set a tentative date)
6:20pm	Return to Large Group – Each group presents their Idea for WOM to all Teens
6:35pm	Reflective Prayer Experience
6:45pm	Dismiss

Sample Ark Night #1 3:45pm-6:30pm (2.75 hours)

3:45pm	Snacks out / Find and check-in with Small Group
4:00pm	Why do we do that in Mass? / Teaching on the Sunday Readings
4:15pm	Pass out Mass Journals / Dismiss to Mass with small group
4:30pm	Mass
5:30pm	Small Group Breakout Ice Breakers and discuss Sunday Readings
6:00pm	Return to Auditorium – Recap Lesson / Video etc.
6:10pm	Large Group Game or Competition
6:25pm	Next Week's Gospel – Quick Preview
6:30pm	Pray and Dismiss

Sample Ark Night #2 3:45pm-6:30pm (2.75 hours)

3:45pm	Snacks out / Find and check-in with Small Group
4:00pm	Why do we do that in Mass? / Teaching on the Sunday Readings
4:15pm	Pass out Mass Journals / Dismiss to Mass with small group
4:30pm	Mass
5:30pm	Community Night – Fun and Games
6:30pm	Pray and Dismiss